

What is Integrated Care?

Integrated care is the coordination of mental health, substance use, and primary medical care services.

For individuals with behavioral health diagnoses, integrated care improves overall health, decreases emergency room utilization and hospitalization, and improves the rate of early recognition of potentially dangerous conditions such as diabetes, high blood pressure, and heart disease.

Individuals receiving behavioral health services at RBHA are also able to receive their primary medical services - all under one roof - with medical professionals who are additionally trained in behavioral health care.

Health Stats

People with depression are 40% more likely to develop heart disease.

As many as 70-85% of people with schizophrenia and as many as 50-70% of people with bipolar disorder smoke.

Today, most people become infected with hepatitis C by sharing needles, syringes, or other equipment used to prepare and inject drugs.

CONTACT US

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RBH RICHMOND
BEHAVIORAL
HEALTH



RICH RECOVERY
Integrated Care Clinic

Promoting health, wellness, and recovery for the whole person.



R - Richmond
I - Integrated
C - Community
H - Health

RBHA RICHMOND
BEHAVIORAL HEALTH
AUTHORITY

Available Services

The RICH Clinic provides accessible, affordable, and quality medical services to RBHA consumers.

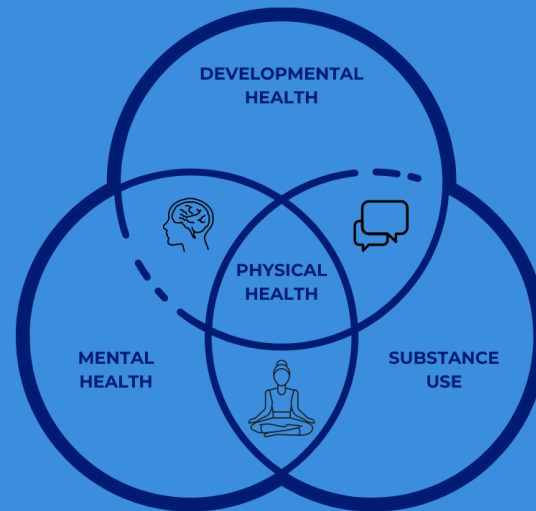
These services include:

- Primary medical care
- Hepatitis C treatment
- OBOT services* *see below*
- Women's wellness
- Flu vaccine
- COVID vaccine
- Health education
- Care coordination
- Referrals to specialty providers
- Behavioral counseling - including services for domestic violence and suicidal ideation
- On-site pharmacy
- Peer support
- Telehealth capability

What is OBOT?

OBOT stands for Office-Based Opioid Treatment and is a medication-assisted treatment to assist individuals in abstaining from opioid use. Individuals participating in the OBOT program are also required to receive and participate in regular substance use counseling.

As a Certified Community Behavioral Health Clinic and a trauma-informed primary care clinic, RBHA is uniquely positioned to treat the whole person at the intersection of behavioral and physical health.



Clinic Hours

Tuesday, Thursday, Friday
8:30am - 12noon and 1:00pm - 5:00pm

Wednesday
8:30am - 7:00pm (evening OBOT)
• *Wednesday hours are subject to change*

Why integrate care?

01

People with mental health conditions are less likely to have access to adequate health care.

02

Mental health has been linked to many chronic illnesses: diabetes, asthma, cancer, cardiovascular disease.

03

People with addiction often have one or more associated health issues which could include lung or heart disease, stroke, or cancer.

04

Approximately 68% of adults with mental illness have one or more chronic physical conditions.



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